

PHILOSOPHY STATEMENT FOR TEACHING SWIMMING AT TIVERTON SWIMMING CLUB

Tiverton Swimming Club is a long established inclusive Club. It began teaching the children of Tiverton and the surrounding area to swim in 1920. This was initially supported by grants from the Heathcoat Trust with the proviso that high quality swimming lessons would always be accessible to the children of Tiverton. The Club continues to operate with this ethos today.

It aims to provide high quality swimming teaching in a friendly supportive setting, where children are able to progress at their own pace to become safe and competent swimmers.

Children are able to join from the age of 5 years old as non swimmers. Lessons in the Learn to Swim section are structured in a progressive manner following the ASA new National Plan for teaching swimming and water skills.

Swimmers progress to the improvers section of the club where further stroke improvement takes place, as well as developing the stamina and skills required for competitive swimming. Swimmers follow the higher levels of the National Plan and the bronze, silver and gold challenge badges. Swimmers may also join the competitive section of the club at this stage.

FRIDAY NIGHT SESSIONS

This section of the club is the Learn to Swim. Children can start from as young as 5 years following the ASA new National Plan for swimming Levels 1-6 swimming structure. There are two sessions from 6.40 – 7.15pm and 7.20 – 7.55pm. The aim of the Learn to Swim session is to make children safe within any water environment. Therefore goggles are not to be worn. Exceptions are made with written medical proof. For enquiries relating to Friday Night Swimming please contact Jackie Ell on 01884 256704 or email elljackie@hotmail.com.

WEDNESDAY BADGE NIGHT

Once you have learned the basics of how to swim you can progress to the Wednesday Badge Night at 6.15 - 7.15pm. This session follows the ASA Bronze, Silver and Gold Challenge Badges; each award has a badge and certificate. Alongside this we continue with the ASA Levels 8-10 which develops swimming technique, speed, stamina and introduces competitive swimming skills. Goggles may be worn on Wednesday Badge Nights. Any child that is settled in Wednesday Badge Night can, if they wish, join a competitive training session at the same time. For further information on Badge Nights please contact Sally Saupe on 01884 255720 or email ylassm@tiscali.co.uk