

PRESS RELEASE

Whittle swims County Times at Three Towers Open Meet

Ten swimmers from Tiverton Swimming Club excelled at the recent Three Towers Open Meet held in the Olympic size pool at Millfield School in Somerset. With a total of seven gold, six silver and seven bronze medals the weekend was a huge success.

Sophie Whittle (10) won a gold medal with an eleven year old Devon County qualifying time of 3:14.62 in the 200m Individual Medley. The afternoon saw Whittle get her second gold in the 200m Butterfly with a personal best time of 3:39.91s which is also an eleven year old Devon County qualifying time. Sophie put in solid performances to come fifth in the 50m Breaststroke with a personal best time of 51.52 seconds and sixth in the 50m Freestyle.

Jake Stoneman (10) had a great weekend claiming three gold medals in the 400m Individual Medley, 50m and 200m Breaststroke. Jake settled for second place in the 400m Freestyle and third place in the 200m Individual Medley in a personal best time of 3:15.88.

Emily Abraham (10) competed in the 400m Individual Medley in a time of 7:04.41 securing a gold medal in her first race of the day. Emily went on to claim silver in the 200m Breaststroke in a time of 3:37.34 and settled for seventh place in the 50m Backstroke.

Josh Gunn (11) took gold in the 50m Backstroke with a personal best time of 39.19 seconds, silver in the 200m Backstroke and third in the 50m Freestyle. Gunn went on to knock an incredible 30 seconds off his personal best time in the 200m Freestyle.

Lucy Abraham (13) claimed two silvers and a bronze in her favoured Breaststroke events and gained a further two personal best times. Lucy also swam the 50m Backstroke in a personal best time of 41.89 seconds.

Caitlin Tyrrell (11) took part in six events over the weekend and performed well in all of them. Tyrrell came second in the 50m Breaststroke with a personal best time of 44.76 seconds and settled for fifth place in the 200m Breaststroke and 200m Butterfly by knocking a solid six seconds off her personal best time.

Callum Stoneman (13) claimed three bronze medals in the 50m and 200m Backstroke and 400m Freestyle. Stoneman swam a personal best in each of his five events finishing the 50m Butterfly in a time of 35.94 and the 100m Backstroke in a time of 1:15.27.

Jess Butler (11) had some tough races on the second day of the competition claiming two bronze medals in the 400m Individual Medley with a personal best time of 6:42.35 and the 100m Freestyle with a time of 1:17.31.

Jess Lepper (13) and Rosie Jones (10) had some strong performances with Lepper finishing fifth in the 200m Individual Medley with a personal best time of 3:03.38. Jones was competing in this Olympic size pool for the first time and came away with two personal best times.

Head coach, Steve Carder, said "There were some great performances over the weekend and it was good to see another Devon County time being achieved. These great results are proof that all the hard training is paying off."

For results and further information please visit www.tiverton-swimming.co.uk.

Editor notes.

If you would like further information about this event please contact Tracey Whittle or Andy Abraham.

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