



NEWSLETTER FEBRUARY 2010

Sponsored Swim

14th March 2010

4pm to 7pm

Everyone Welcome

Swim as many lengths as you can and raise funds for the club

Please get as many sponsors as possible no matter how much – it all helps.

This is open to any club swimmer from Friday night to squad and even parents if you feel brave!!

For sponsor forms please contact Andy Abraham or a young volunteer

Open Evening - Tiverton Swimming Club - Sunday 28th February 2010 4pm-7pm

All children from the Tiverton area are invited to a FREE exciting evening of Aquatics at the Exe Valley Leisure Centre.

Order of Events:

- 4.00pm - 5.00pm Swim Skills - Stroke Improvement and Racing Dives!
- 5.00pm - 5.30pm Demonstration by Exeter Synchro Team
- 5.30pm - 6.00pm Synchro Taster Session
- 6.00pm - 6.30pm Mini Polo! Basic Skills and Mini Matches
- 6.30pm - 7.00pm Relay Fun

Thanks to everyone who have increased their Standing Orders on 1st February 2010. If you have not done so can you please make sure you do this for 1st March and put backlog of fees in an envelope in the green box next to noticeboard. It is causing an extremely lot of extra administration work for the treasurers.

Competition News

Devon County Championships The DCC are now half way through, and going very well for our club swimmers, well done everyone.

The next weekend's racing will be held at Central Park pool Plymouth on 27th/28th Feb, Good luck to those competing

The final weekends racing will be held on 6th/7th March at Tiverton (PLEASE NOTE **NO TRAINING FOR THE CLUB** THAT WEEKEND)

Devon Sprints - March 21st. Central Park – Plymouth

Swimmers must enter all 4 strokes, there are No qualifying times needed

Closing date for entries – 6th March

Mini League – Tiverton March 28th

Keep an eye on the notice board a team list & warm up time will be posted up a few weeks before.

Exeter Imps 24th April has been Cancelled

April galas - Avalon 10th/11th April – Entries sent off awaiting confirmation of acceptances

Devon Interclub April 25th – A team selection will be posted on the notice board.

Tiverton Swimming Club members raise money

Members of Tiverton Swimming Club will be taking part in a sponsored swim on Sunday 14th March 2010 at Exe Valley Leisure Centre, Tiverton to raise much needed funds.

Lynne Callahan, Chair of Tiverton Swimming Club, said “Spiralling costs have eroded some of the financial reserves the club has historically kept and in order to maintain quality, affordable swimming for all members we will be holding a number of fundraising events including the Sponsored Swim on Sunday 14th March. We hope that the people of Tiverton and the surrounding area will support our swimmers who are taking part.”

Tiverton Swimming Club offers quality swimming coaching for competition and fitness, to all ages and abilities. For further information or to make a donation please visit www.tiverton-swimming.co.uk.

Tivvy took 4th place at Exeter Imps Gala

Six teams competed in the Exeter Imps Gala at the Pyramids pool on Saturday 20 February 2010. Twenty four young Tiverton members competed in the forty nine event competition and took 4th place overall.

The team achieved an incredible twenty five personal best times with some excellent performances. Jade Clarke aged 12 years took first place in the 200m individual medley with a personal best time of 2:56.40 and the 50m freestyle with a time of 33.82 seconds.

There were further great performances achieving first place in their races by Jake Stoneman (9) in the 50m breaststroke, Emily Abraham (9) in the 50m butterfly, Josh Gunn (11) in the 50m butterfly, Jamie Price (11) in the 50m backstroke and Lucy Abraham (12) in the 50m Breaststroke.

Finn Stoneman aged seven years knocked 9.26 seconds off his personal best time in the male nine years and under 50m backstroke and eight year old Tiegan Sime knocked 9.64 seconds off her PB in the female nine years and under 50m backstroke. Sophie Whittle aged 10 years took second place in the female 11 years and under 50m butterfly with a new PB of 43.37 seconds. Ten year old Libby Morton took 8.71 seconds off her PB in the 11 years and under 100m individual medley.

It was an exciting time for our five new competitors, Rachael Gunn, Charlotte Prentis, Charlotte Revolta, Lauren Aitchison and Lucy Clist. Ten year old Lauren Aitchison had a good start in her first competitive gala taking third place in both the 10 years and under 50m breaststroke and the 11 years and under 50m breaststroke. Charlotte Revolta also achieved third place in the nine years and under 50m breaststroke.

Tiverton Swimming Club Head Coach, Steve Carder, said "It was a great result for the team and it was good to see some of our younger swimmers competing for the first time. The twenty five personal best times are a testament to the squad's hard work and commitment."

Abraham breaks Devon County Championship Record

On the second day of the Devon County Championships held at Exe Valley Leisure Centre, Tiverton on Saturday, Emily Abraham broke the Devon County record in the girls nine year old 100m Individual Medley with a Championship best time of 1:27.43, securing her second Gold Medal.

Emily took her third Gold of the meet in the girls 200m Backstroke improving her personal best time to 3:13.23 in the final. In the 1500m Freestyle Callum Stoneman improved his personal best time to 20:18.87 to take bronze in the boy's 13 year old age group.

The third day of the Championships was another good one for Tiverton Swimmers with Charlie Beeson & Dominic Fullick both reaching the finals of the 100m Breaststroke. Beeson improved his personal best time twice with a new time of 1:19.75 and also took 3rd place in his age group. Fullick put in two solid swims following a week off through illness.

In the girl's 100m Butterfly Lorna Callahan swam two excellent swims improving her personal best time twice taking silver in her age group with a time of 1:14.77. Jade Clarke and Jess Lepper also competed in the 100m Butterfly but did not reach the finals.

Jamie Price and Callum Stoneman both reached the finals in the 200m Backstroke. Price improved his time twice to 3:02.88. Stoneman had a tough day following his 1500m Freestyle the previous day.

Coach, Steve Carder, said "I am very pleased with all the swims so far in this year's Championships. All the swimmers have been training well and it is good to see the rewards with so many excellent swims."

Tivvy Swimmer Wins Gold at Devon County Championships

Sixteen Tiverton Club squad members have qualified to compete in the Devon County Championships in 2010. The first of the four weekend competitions was held at Central Park, Plymouth this weekend (7th February).

Emily Abraham won the Devon Girls 9 years 200m Breaststroke in a time of 3:32.53 which is also a Western Counties qualifying time.

Lucy Abraham took fourth place in the girls 12 years 200m Breaststroke in a personal best time of 3:12.59.

Lewis Henry took 2 seconds off his personal best time in the boys 14 years 50m Breaststroke in 37:69.

Will Parr was well placed in the boys 50m Breaststroke and the 100m Individual Medley in a very tough 15 year category.

Dominic Fullick just missed out on the final of the boys 16 years 50m Breaststroke.

Next weekend more Tiverton swimmers will compete in the second of the four Devon County Swimming Championship events which will take place at the Exe Valley Leisure Centre Tiverton.

Head coach, Steve Carder, said "This is an excellent start to the Devon Championships for the squad. I look forward to next weekend when we will welcome more of the top swimmers from Devon to Tiverton. I hope our swimmers will do well in their home pool".

Tiverton swimmers are back on track

Tiverton swimmers are back on track in preparing for the Devon County Championships after several training sessions were cancelled during the recent icy weather. With only two weeks to go until the first competition which will be held at Central Park in Plymouth squad members are training for up to 10 hours per week.

Senior squad member, Dominic Fullick, aged 16 years, will be entering two breaststroke events this year; the 50m with an entry time of 35.45s and 100m with a time of 1:19.28s. The qualifying times for these events are 37.00s and 1:20.00s.

Twelve year old Lucy Abraham will be competing in the 100m and 200m backstroke with entry times of 1:23.75s and 2:57.98s, 100m breaststroke with an entry time of 1:31.96s which is well within the qualifying time needed of 1:38.00s and the 200m breaststroke with a time of 3:16.06s.

Jade Clarke also 12 years old will be competing in two events; the 100m butterfly with an entry time of 1:32.87s and 100m freestyle with a time of 1:11.90s.

Head coach, Steve Carder, said "With the Devon County Championships fast approaching the squad has been training hard and some swimmers have recently achieved further qualifying times. I am pleased with the way the team are progressing and am looking forward to seeing some great results at the Championships this year."

Tiverton Mayor presents awards to Tivvy Club Swimmer's

Tiverton Mayor Paul Graham presented the annual Tiverton Swimming Club Championships awards at Moorhayes Community Centre on Saturday 30 January 2010.

Over 100 Tiverton Swimming Club members and their families attended the event. Awards were presented to the top swimmers who competed in the Club Championships which were held over two weekends during November 2009.

For the under 10 years 'most points' category, Jake Stoneman and Emily Abraham were awarded the Gerald Gooding Trophy and The Kaye Baker Cup. Jake also scooped the Pavitt Cup for the 50m backstroke, Brian Hooper Cup for the 50m breaststroke, Kerswell Cup for the 50m butterfly and the Blackie Mortimer Cup for 50m freestyle. Emily was also awarded the Stuart Bullivant Cup for the 50m breaststroke, Mumford Cup for 50m butterfly and the Moncrief Cup for 50m freestyle.

The Perry "Butterfly" trophies were awarded to Jack Wakefield and Jess Lepper for the 12 years and over most improved butterfly stroke. Jack also picked up the Kingdoms Tours Cup for the men's 100m butterfly and the DR Hill Cup for the 100m freestyle. Jess was also awarded the Saville Tractors Cup for the female 12-13 years 100m butterfly.

Will Klinkenberg took the Tiverton Gazette award for 'best newcomer' and the Forward Cup for the male 10-11 years 50m freestyle, whilst Sophie Whittle scooped the Under 10's female 50m backstroke Colin Pike Refrigeration Cup.

Lorna Burston went away with five awards for her efforts in the female 14-15 years 100m freestyle, backstroke, butterfly and the 200m freestyle and individual medley. Callum Stoneman scooped four Cups in the male 12-13 years 100m backstroke, butterfly and freestyle and 200m freestyle.

Will Parr won the Heathcoat Factory Cup in the male 14-15 years 200m individual medley, the Sports Cup in the 100m butterfly and the Sammy Yarnton Cup in the 100m backstroke. Lorna Callahan was awarded the Tony Parsons Cup in the female 14-15 years 100m breaststroke, whilst Sue Haigh scooped the West Cars Trophy in the Ladies 200m freestyle.

Jade and Ross Clarke got three Cups each, with Jade getting the female 12-13 years 100m backstroke, 200m freestyle and 200m individual medley and Ross the male 10-11 years 50m breaststroke, butterfly and 100m individual medley.

The younger members of the club were also presented with certificates for 'best attitude' and 'most improved'. These included Gemma Owen, Rosie Jones, Aiden Hudd, Rachel Wilcox, Silas Rowe, Libby Gollop, Rebecca Taylor, Lucy Revolta, Hannah Johnson, Lily Woodward, Grace Howard, Regan Damerel, Kelsey Webber, Robert Jones, Joshi Brooke, Harry Gunn, Tiegan Sime, Isabella Yeo, Harry Squire, Kieron Butt, Adam McMillan and Libby Morton.

Following the presentation of the awards, the 'Young Volunteers' of Tiverton Swimming Club organised some party games for the younger swimmers and a disco to make it an enjoyable evening for everyone.

Tiverton Swimming Club Head Coach, Steve Carder, said "The evening was a great success and it was an honour to have the Mayor Paul Graham present the awards. The Club Championships are always popular and creates friendly rivalry between the swimmers. For most of the younger swimmers it is their first opportunity to swim in their age group and for older members it is a great opportunity to push for personal best times ahead of the many other competitive events held throughout the year.

With only a week to go until the start of the Devon County Championships the squad is training hard and I hope to see some good results."