



TIVERTON SWIMMING CLUB

NEWSLETTER



ISSUE 20

OCTOBER 2009

IMPORTANT SAFETY NOTICE

LIFEGUARDS:

The Club would like to remind parents and swimmers that the Lifeguards are there to provide a vital service for the safety of our swimmers. Please do not disturb them whilst they are on duty unless it is in an emergency.

SWIMMERS AGED 8 AND UNDER:

Could parents of swimmers aged 8 and under please remain in the building and preferably in the seated area by the pool. We have had incidents in the past where a child has felt ill and wanted to get out but there were no adults around to assist them.

SQUAD SWIMMERS:

Sessions times are set by the Coach and it is anticipated that you stay in the pool for the set times, however we do realise that for various reasons this is not always possible. Should a swimmer wish to leave the session early, they must ask the Coach. If a parent or guardian is not at the pool to pick them up, they should get changed and sit beside the pool area to wait for them.

Tiverton Swimming Club are happy to provide a swimming club for the community but are not responsible for children when they leave the pool. Thanks for your support.

SPARKLER—7TH NOVEMBER

The background work has now been completed. All support is greatly appreciated in making this a successful gala for Tiverton Swimming Club. Good luck to all our swimmers.

There is still time to donate a raffle prize before or on the day.

TIVERTON CARNIVAL

The Swimming Club are taking part in the Carnival this year as a walking float on Saturday 21st November. If you'd like to take part please watch the noticeboard of when and where to meet.

CLUB CHAMPIONSHIP TROPHIES

Peter Callahan is gathering all last year's Club Championship Trophies. If you have any could you please bring them back to the club, duly cleaned and polished as soon as possible. Thank You.

WEDNESDAY NIGHT—BADGE NIGHT

Congratulations to the following swimmers who have recently passed their Gold Award:- Lauren Aitchison, Chloe Greenslade, Rosie Jones, Gemma Owen and Ryan Saunders.

XMAS PARTY AND PRESENTATION EVENING

A date for your diary. The Xmas Party has been booked for Friday 11th December in Tiverton Rugby Club. Please see noticeboard for further details nearer the time. The cups from the Club Championships will be presented on the same night along with extra certificates for achievements for Wednesday Badge nights and Friday Night Learn to Swim.

BINGO NIGHT — FRIDAY 27TH NOVEMBER 2009

The Club are holding a fun fund-raising Event on Friday 27th November at Moorhayes Community Centre. This will be a cash bingo which is open to all, so please invite family and friends, old and young. Further information will be on the noticeboard nearer the time.

Help Save Our Club

We took over as treasurers of the club at the beginning of May and the financial difficulties in covering costs have been highlighted to us. As parents we were blissfully unaware of the situation until we became involved with the committee but feel it is important to share the current financial situation with you all.

At the moment we are barely covering costs on a monthly basis and are relying on fund raising and past savings to keep us afloat (if you pardon the pun!) At the present rate these are unlikely to keep the club going for more than two years.

We are actively looking for any funding or sponsorship that may be available to us as well as ways to trim our costs, but it is likely that membership fees at all levels of the club will have to increase in the new year to cover our ever increasing costs.

How you can help your childrens' club?:

We are always looking for local businesses that may be able to help us out by sponsoring us or making a donation (no amount is too small!) – Maybe your employers operate such a scheme or would be willing to help.

Our galas are a great opportunity for our children to compete but also a good means of raising some funds. However, there is still a cost element in the hiring of equipment, printing of programmes, cost of refreshments, cost of medals etc – do you know of anyone or a business that may be able to support us in any of these ways?

Please support us by donating raffle prizes for galas, buying raffle tickets, helping at galas and making any changes to your standing orders promptly.

As a voluntary organization we are a small group of people putting in an enormous amount of effort to make a good club for all of the children who train with us. We both feel very passionately about our children being able to continue swimming for Tiverton swimming club and we hope you do too. Please help in whatever way you can.

CLUB CHAMPIONSHIPS 2009

This year's Club Championships take place on Sunday 22nd and Sunday 29th November from 4pm until 8pm. The Event is open to all swimmers who are able to swim at least 25m. There will be a different format this year and this will be run like a Meet. Entry forms are in the grey pockets in the foyer. Please fill in your entry form and return to Andy or Tracy Abraham by 11th November. You can also put your entry with £5.00 contribution in an envelope in the green post box beside the noticeboard. A programme of events is on the noticeboard so that you can check which events are being run on which night.

The closing date of 11th November allows us time to produce the programme of events, ensure we have enough medals etc.

This year the Event will be run in age groups with age at 31st December 2009. In previous years it has been run in double age groups. This year, it will give the younger age groups a fairer chance to win medals at their chosen Events. You will still race against swimmers with similar times but you may be swimming against someone in a different age group.

However this does mean that we have to buy more medals and as such we have decided to have a voluntary contribution of £5.00 entry fee for both weekends to cover some of the costs of running the Championships.

Over many years Tiverton Swimming Club have been donated a variety of cups which we would still like to present. These will still be presented in the double age groups. There is not a cup for each event therefore if a swimmer wishes to race for an event which carries a cup then you must check the attached sheet carefully. Medals will be presented on the night but cups will be presented at a presentation evening which will take place alongside our disco in the Tiverton Rugby Club on Friday 11th December. There will also be a variety of certificates handed out on that night for other achievements.

PRESS RELEASES

We are lucky enough to have Tracey Whittle on the Committee who has taken up the role of Press Officer. Many of you will hopefully have seen the articles that are going into the Tiverton Gazette and Express and Echo on a regular basis. This is great in increasing our profile as a Club within the community. The articles will also be published in the monthly newsletters in case you have missed any.

Callum reaps the awards

Ten Tiverton swimmers competed in last weekend's Avalon Gala at Millfield. 40 clubs from Wales and the South West of England competed in the long course event (50m pool) over the two days.

Callum Stoneman took first place in the boys' 12 years 200m backstroke and second place in the 400m freestyle, 100m backstroke and 50m backstroke. Will Parr came second in the boys' 14 years 50m butterfly. Emily Abraham was the fastest 9 year old girl in the 200m individual medley and the 200m freestyle achieving personal best times in both races. Lucy Abraham took an incredible 18 seconds off her personal best time in the girls' 12 years 200m backstroke and swam a personal best time in the girls' 100m breaststroke. In her debut long course swim Sophie Whittle knocked a fantastic 13 seconds off her PB and was the fourth fastest 9 year old girl in the 200m individual medley.

Personal best times were also achieved by Rosie Lepper in the girls' 11 years 100m breaststroke, Callum Stoneman in the boys' 12 years 200m freestyle, Jess Lepper in the girls' 13 years 100m breaststroke, Adam Clewer in the boys' 12 years 200m breaststroke and Alex Wilcox in the boys 50m breaststroke.

Head Coach, Steve Carder, said "I was very pleased with the results of the ten strong team in the first long course meet of the season. It was good to have four swimmers swimming in a 50m pool for the first time, which is a totally different experience from competing in a 25m pool. Once again, there was great team spirit and they all supported each other."

Tivvy Swimmers Triumph in Cornwall

On Saturday 3 October 2009 Tiverton swimmers headed across the border into Cornwall to attend the 24th Carn Brea Open Meet in Penzance.

Swimmers from 16 clubs from Bristol to Lands End competed at this year's meet.

Emily Abraham took 1st place in the girls' nine years 200m Fly in a personal best time of 3:58.96 and 2nd place in the girls' nine years 200m Breast, 200m Back, 100m Individual Medley, 50m Breast and 50m Fly. Lucy Abraham came 2nd in the girls' 12 years 200m Breast with a personal best time of 3:16.15 and 3rd in the girls' 12 years 100m Breast in another personal best of 1:32.49.

Sophie Whittle achieved 5th place in the girls' nine years 200m Back knocking an astonishing 19 seconds off her personal best with a time of 3:43.03. Chloe Henry came 7th in the girls' 11 years 100m Breast in a time of 1:50.11. Lewis Henry was 4th in the boys' 14 years 200m Freestyle in a time of 2:33.20 and had an excellent swim in the boys' 14 years 50m Freestyle with a personal best of 30.66.

Steve Carder, Head Coach for Tiverton Swimming Club said "I'm delighted with the continued performance of the squad with impressive improvements from some of the younger swimmers."

British Olympic Swimmer provides inspiration for young Tiverton swimmers

Susan Haigh who competed for Great Britain in the 1966 and 1970 Commonwealth Games and was in the Olympic Team for the 1968 Olympic Games in Mexico has been a member of Tiverton Swimming Club for over 20 years. Sue learnt to swim at the tender age of nine and swam for Exeter Swimming Club before her achievements at both the Commonwealth and Olympic events.

Sue now competes in the British Masters events and last year set new swimming records in the European and Great Britain Masters short course 25m pool in the woman's 400m and 800m Freestyle and British records in the 200m and 400m Individual Medley representing Tiverton. Sue also set a new European and British record in the long course 50m pool in the woman's 400m Freestyle and British records in the 800m and 1500m Freestyle for Tiverton and Great Britain and the 400m Individual Medley for Tiverton.

Last weekend, 26th & 27th September, Sue competed in the Western Counties Masters middle distance event held at Weston-Super-Mare where she won the 400m Freestyle, 100m and 400m Individual Medley. Sue swims regularly at Tiverton Swimming Club and provides inspiration to the younger swimmers at the club.

Steve Carder, Head Coach for Tiverton Swimming Club said "Sue is an excellent ambassador for the sport and trains regularly. She is an inspiration for our younger swimmers to see that you can enjoy swimming throughout your whole life and not just in your younger years. We offer training sessions for all ages and abilities at the club and we are always looking for new members."

Championship Trophies

Trophy Name		Age	Dis	Stroke
Blackie Mortimer Cup	M	Under 10	50m	Freestyle
Brian Hooper Cup	M	Under 10	50m	Breastroke
Carey Cup	M	Mens	200m	Freestyle
Clare House Cup	F	14-15 yrs	200m	Medley
Colin Pike Refrigeration Cup	F	Under 10	50m	Backstroke
Coventry Cup	M	12-13yrs	100m	Breastroke
Coventry Plate	F	Under 18	100m	Freestyle
Coventry Shield	F	Ladies	200m	Medley
Coventry Shield	M	Mens	200m	Medley
DR Hill Cup	M	Mens	100m	Freestyle
Dunsford Cup	F	14-15yrs	100m	Freestyle
Emma Kingston Cup	F	10-11yrs	50m	Breastroke
Falbarrow Cup	M	14-15yrs	200m	Freestyle
Forward Cup	M	10-11yrs	50m	Freestyle
Gerald Gooding Trophy	M	Under 10		Most Points
Heathcoat Factory Cup	M	14-15yrs	200m	Medley
Homer Cup	M	14-15yrs	100m	Freestyle
Ian Bray Provincial Cup	F	Ladies	100m	Backstroke
John Soundy Cup	M	Mens	100m	Backstroke
Karen Howard Cup	F	10-11yrs	50m	Butterfly
Ken White Cup	M	10-11yrs	50m	Breastroke
Kerswell Plate	M	Under 10	50m	Butterfly
Kingdoms Tours Cup	M	Mens	100m	Butterfly
Linda Prowse Cup	F	Ladies	100m	Breastroke
Loosemore Cup	F	12-13yrs	200m	Freestyle
Michele Bisiker Cup	F	10-11yrs	200m	Freestyle
Moncrief Cup	F	Under 10	50m	Freestyle
Moncrief Cup	M	Under 18	100m	Freestyle
Mumford Cup	F	Under 10	50m	Butterfly
Nat West Bank Cup	M	12-13yrs	200m	Freestyle
Natasha Stone Cup	F	14-15yrs	100m	Butterfly
Newberry Cup	M	12-13yrs	100m	Freestyle
Old Blundell's Garage Cup	M	10-11yrs	100m	Medley
Pat Turndrup Cup	F	12-13yrs	100m	Breastroke
Pavitt Cup	M	Under 10	50m	Backstroke
Perry Butterfly Trophy	F	12 and over		% Improved
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Peter Sharpin Cup	M	10-11yrs	50m	Backstroke
Redwood Cup	F	14-15yrs	100m	Backstroke
Rossiter Cup	M	12-13yrs	100m	Backstroke
Sammy Yarnton Cup	M	14-15yrs	100m	Backstroke
Saville Tractors Limited Cup	F	12-13yrs	100m	Butterfly
Stuart Bullivant Cup	F	Under 10	50m	Breastroke
Supports Cup	M	14-15yrs	100m	Butterfly
The Barnett Cup	M	12-13yrs	200m	Medley
The Isaac Cup	M	10-11yrs	200m	Freestyle
The Kaye Baker Cup	F	Under 10		Most Points
The Mardon Trophy	M	12-13yrs	100m	Butterfly
The Norman's Trophy	F	Ladies	100m	Freestyle
Tiverton Gazette Trophy		Any Age		Best Newcomer
Tiverton Hire Centre Trophy	F	12-13yrs	200m	Medley
Todd Cup	F	10-11yrs	50m	Freestyle
Tony Parsons Cup	F	14-15yrs	100m	Breastroke
Tony Parsons Cup	M	10-11yrs	50m	Butterfly
Tony Pryce Cup	F	14-15yrs	200m	Freestyle
TSB	F	12-13yrs	100m	Freestyle
Unwin Cup	M	Mens	100m	Breastroke
Victor Ludorum	F	Ladies		
Victor Ludorum	M	Mens		
W H Squires Trophy	F	10-11yrs	100m	Medley