



CSA Race Night results

The second Race Night of 2015 was held on Wednesday May 13th and saw 37 swimmers race over 25m and 50m to gain faster swim times. Congratulations go to Peter Smith who gained his bronze flash for the 25m breaststroke and to Chloe Floyd who achieved her silver flash times for the 50m freestyle, backstroke and breaststroke. If you would like to buy CSA Flash badges, they are on sale from 6.30pm on Wednesday nights (in the lobby) at £1.50 each. [Race night results are posted on the club noticeboard and on the TSC website.](#)

Head Coach update

As you may have heard, Dave Clift, head coach will be leaving TSC at the end of June to take up a new and exciting job at Headley Court in Surrey. Dave joined TSC in 2012 and has guided the club through a change in it's squad structure, to create the successful club we have today. We are sad to see Dave leave the club and wish him well in his new job role and with his relocation. TSC wish to give a big THANK YOU to Dave for his coaching expertise, commitment and support to the swimmers, parents and committee members during his time at the club. The committee are actively seeking to appoint a new Head coach to Guide TSC in the future.

WSM Easter meet

The Easter weekend saw 13 young swimmers competing in Hutton Moor Pool for the Weston-Super-Mare level 3 meet. Callum Stoneman took bronze in the 100m backstroke, breaking the Tiverton swimming club record with his fast time. Finn

Upcoming events & info

Galas & Meets

June 6th & 7th & 13th

Devon Development Galas @ Plymouth Life Centre

June 28th Interclub Gala for selected swimmers @ Plymouth Life Centre

5th July Fast Five SW

regional sprint meet which is open to those who have qualified for regional age groups or youth galas.

June/July Club Championships

Sunday **June 21st.**

Sunday **July 12th.**

Sunday **July 19th** (Sprint gala) from 4pm @ EVLC

July 26th - Coventry invitational Gala @ EVLC from 4pm

July 27th to Aug 9th

Summer Shut Down for 2 weeks, so there is no swimming at EVLC for this fortnight.

Sue Haigh - new Devon County ASA President 2015

TSC masters swimmer Sue Haigh (our ex-Olympian) has

Stoneman won three bronze and one silver medal for his backstroke and butterfly. Robert Jones swam a personal best time and also took the bronze for the 100m backstroke. Sam Arrowsmith walked away with a gold medal in the 100m IM, setting a new TSC club record, three silver medals for breaststroke and butterfly and a bronze for 100m freestyle and was also placed third in his age group in the 400 Freestyle. The successes for the boys meant that Finn Stoneman, Robert Jones, Jack Aldridge and Sam Arrowsmith all achieved qualifying times to swim in the South West Regional Championships in May. The girls team raced well at the Western-Super-Mare meet, with Ennea Miller-Hunt taking bronze for 50m freestyle and silver medal and breaking the TSC record for 50m backstroke. Jasmine Swanston raced the 200m butterfly taking 14 seconds off her PB time, won a bronze medal and set a TSC club record in the process. Jessica Swanston then took 31 seconds off her personal best for the 200m freestyle and followed this up with a 28 second improvement in her fastest time racing the 200m backstroke. Katie Walton also shaved an impressive 25 seconds off her 400m freestyle time at the meet.

City of Wells Open meet

The following weekend in April saw more great racing with 16 swimmers travelling to race in the 50m long course pool at Millfield School, where four more TSC club records were broken. Finn Stoneman set two of these club records and won 2 golds and 2 silver medals in backstroke and butterfly. Peter Smith won bronze for his 50m breaststroke and set personal best times in his other races. Kai Clayton won 2 silver medals in backstroke and freestyle and was delighted to gain his regional qualifying time for his 50m freestyle. Jack Aldridge won silver for 200m back and 50 breaststroke and a bronze for his 200m IM and set a TSC club record in the 50m breaststroke. Oliver Bennet took the gold in the 100m Breaststroke and a Bronze for the 50m backstroke. Gemma Owen won a total of six medals, taking gold in 100m and 50m butterfly and 100m Freestyle, than silver for 50m free, and 100m and 50m backstroke

been elected to become the next Devon County ASA President at the AGM which was held in May. This role is a great honour and TSC are delighted that it has been bestowed on Sue this year. Incidentally, Sue's mother (Nancy Williams) was also elected as Devon President in 1979, so both mother and daughter share in this achievement- Many congratulations Sue!

Summer Swimming at Blundells

Following on from last year's success, the open air pool at Blundells school will be used again in August for summer training for swimmers in the squads. Masters, Competition, Endurance, JPS and SD squad swimmers can continue training during the usual summer break in August in the outdoor pool. Program and squad times to follow.

Club championships All swimmers are encouraged to compete in the club champs from LTS and CSA upwards.

The 25m races are for those aged 8 yrs and under only, 100m races are also open to those aged 9yrs and over. Learn to Swim, CSA and Skill Development swimmers are to check with their swim coach which races they should be entering for the Club Championships. The third session on July 19th will be a sprint gala which will be a Level 4 licenced event. The Club Champs are open to all groups, from Learn to swim,

and also set a TSC club record in the 100m butterfly. Swimming for the senior girls, at this long course 50m meet, Lorna Burston walked away with a silver medal in the 100m free and bronze in the 200m backstroke, showing she was back on competitive form. The club was also represented by some of the junior squad who swam well, many achieving personal best times and gaining medals in 4th to 6th place. Well done to Lauren Aitchison, John Carpenter-Smith, Matthew Follett, Bradley Follett who shaved 23 seconds off his 200m freestyle time and Dylan Cleverly, who shaved off 9 seconds and took 5th place in the 200m backstroke. New Long Course PB times were also achieved for Sophie Attwood-Groves, Sidonie Andrews, Yasmin Smith and Emma Bennet and Katie Walton

City of Bristol & Taunton Deane meets

The City of Bristol meet was held in mid-April at the pool in Hengrove Park Leisure Centre, followed 2 weeks later by the Taunton Deane Super Series meet, held at Millfield School pool. Sam Arrowsmith continued his fantastic swimming season and walked away with 5 medals. He won silver in 100m and 400m Freestyle, the 100m and 200m butterfly and a bronze in the 200m breaststroke. He also set 5 new Tiverton swimming club records during the meet. Phoebe Campbell had 2 great swims at Hengrove and took the bronze medal for the 100 free, and narrowly missed out on a medal in the 50m freestyle touching the wall in 4th place. The Duo then travelled to Millfield at the end of April to swim in the Taunton Deane Super Series where Phoebe was back on top form and took the gold medal in the 50m Freestyle. Sam took a silver in 100m Freestyle and a bronze in 200m breaststroke and set 3 more new records for Tiverton Swimming club.

Triathlon Championships success!

Tiverton SC members James Haigh & Yasmin Bennelick competed in the Mid Devon sprint triathlon on 10th May. This was a warm up for James who on 17th May took part in a standard distance triathlon in Leicestershire. Finishing third in his age group he qualified

Competitive Swim awards, Skill Development, Junior Potential Squad, Sunday Club group, Endurance, Competition squad, Masters and Friday adult swimmers too!... **So come along and join in the fun!**

TSC volunteers needed

The committee positions of [Treasurer](#) and [Vice Chairman](#) are now available, plus [timekeepers](#) are required - do you have the skills to support the club and ensure it's continued success- everyone involved is a parent/volunteer and would be delighted to work with new volunteers to share the workload involved. Speak to any committee member if you are interested in finding out the opportunities available!

TSC Safeguarding course

[Thank you to our volunteers](#)
Tiverton swimming Club would like to thank club teachers and helpers Amy Fullick, Helen Wilson, Callum Stoneman, Garry Arrowsmith, John Bennet and Nathan Muggerridge for giving up even more of their time to attend an ASA Safeguarding and Child Protection Course on 28th April. We are very grateful to all our volunteers for the time that they give to the club. This qualification is necessary for all poolside helpers, teachers and coaches as part of the club's swim21 accreditation by the ASA.

TSC Facebook - join in!

Have you seen the TSC Facebook page? Become part of this swim community and get instant news, photo's and

for the World Triathlon Age Group Championship Finals to be held in Chicago in September later this year!

Royal Navy Masters

The Royal Navy Masters open meet was held at Millfield swimming pool at the beginning of May. Graham Cridland was on fine form as he raced his favoured events, easily winning gold in the 100m butterfly. He then went on to take the gold for the 50m butterfly, with a fast finishing time of exactly 29 seconds as he touched the wall. Finally swimming well against stiff competition in his last event, he won the bronze medal in the 50m Freestyle. His team mate, Rebecca Jenkinson, an active member of both TSC & Exeter SC walked away with a fantastic haul of 5 Gold medals in her age group. In addition she recorded a new South West Region Masters short course age group record in the 50m breast stroke to add to her current haul of SW region Masters short course and long course age group records - totalling an amazing 11 records in all.

At Tiverton Swimming Club we take Child Welfare seriously, please contact the Swimline, talk or [email](#) to Lucy Walton Welfare Officer about any concerns you may have.



updates about the club.

Newsletter on TSC Website

Previous editions of this newsletter are posted on the Club website.

email any comments to:

newsletter@tiverton-swimming.co.uk

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