

ASA South West Region Championships 2016

Below are the details of next year's Championships, full details of the Winter Short Course event will be circulated later.

Qualifying times are attached as a separate document.

Important notes:

As there are consideration times for these championships please do not payment until you have heard if the swimmers have been accepted, I will endeavour to get this done by the weekend following the closing date.

Swimmers who have a consideration time are not considered as entered until their entry has been confirmed to the club.

When sending entries I only require the entry file, a copy of page 6 below and a mention of which club you are from as in all correspondence to me, if you take over as competition secretary of your club please make this clear so that you can be added to the distribution list. If you are paying by BACS please make this clear.

When email me please include the name of the swimming club you are from.

Entry procedure:

There are Sportsystems entry files for all events and these must be used for club entries, individual entries will only be accepted when there is one entry per club and these should be made by emailing ASA number and events to be entered to rmargetts@wcasa.co.uk

Closing dates:

I have moved these to Thursday 16 days before the event, this will allow times done at Designated meets on the weekend before to be sent to ASA Rankings and appear on the swimmers file and you can make their entries, so there should be no need to send me updated times from those meets.

Coaches passes:

All coaches and chaperones will be issued with an wrist band when they arrive at the pool along with their programme, these must be worn at all times so that we can ensure that only team staff are sitting in the swimmers areas.

Data Protection statement:

Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1998, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the Meet on application to the Promoters.

Child Protection:

Under ASA child protection laws all spectators wishing to use devices capable of photography or video recording must register their intent with the door admission staff.

Officials:

I have been asked to remind you that all Competing Clubs, in each competition, with more than 5 swimmers MUST provide named officials for each day of that ASASWR Championship.

5 – 9 swimmers supply 1 Officials, 10+ swimmers supply 2 Officials, who must be licensed.

The names of these officials should be sent to lynne.elliott@btinternet.com with the club they are representing.

Saturday 30 April Life Centre, Plymouth
15, 16 & 17 yrs/over

1st Session

Warm-up 8.45 Start 10.00

Men's 400m 14/16 & 17+ Freestyle Relay HDW

Women's 14/16 & 17+ 400m Freestyle Relay HDW

Men's 200m Breaststroke

Women's 200m Ind. Medley inc SM5-14

Men's 100m Freestyle inc S1-14

Women's 50 Butterfly inc S1-7

Men's 50m Backstroke inc S1-5

Women's 400m Freestyle HDW inc S6-14

Finals 15yrs, 16yrs & 17yrs & over

Men's 200m Breaststroke

Women's 200m Ind. Medley

Men's 100m Freestyle

Women's 50m Butterfly

Men's 50m Backstroke

Sunday 1 May Life Centre, Plymouth
15, 16 & 17 yrs/over

1st Session

Warm-up 8.45 Start 10.00

Women's 100m Backstroke inc S1-S2 & S6-14

Men's 200m Freestyle inc S1-6, 14

Women's 200m Butterfly

Men's 100m Breaststroke inc SB4-9 & 11-14

Women's 50m Breaststroke inc SB1-3

Men's 400m Ind. Medley HDW

Finals 15yrs, 16yrs & 17yrs & over

Women's 100m Backstroke

Men's 200m Freestyle

Women's 200m Butterfly

Men's 100m Breaststroke

Women's 50m Breaststroke

Monday 2 May Life Centre, Plymouth
15, 16 & 17 yrs/over

1st Session

Warm-up 8.45 Start 10.00

Women's 14/16 & 17+ 800m Freestyle Relay HDW

Men's 14/16 & 17+ 800m Freestyle Relay HDW

Men's 100m Backstroke inc S1-2 & 6-14

Women's 100m Breaststroke inc SB4-9 & 11-14

Men's 200m Butterfly

Women's 200m Freestyle inc S1-6 & 14

Men's 50m Breaststroke inc SB1-3

Women's 400m Ind. Medley HDW

Finals 15yrs, 16yrs & 17yrs & over

Men's 100m Backstroke

Women's 100m Breaststroke

Men's 200m Butterfly

Women's 200m Freestyle

Men's 50m Breaststroke

Saturday 30 April Life Centre, Plymouth
15, 16 & 17 yrs/over

Afternoon Session

Women's 200m Breaststroke

Men's 200m Ind. Medley inc SM5-14

Women's 100m Freestyle inc S1-14

Men's 50 Butterfly inc S1-7

Women's 50m Backstroke inc S1-5

Men's 400m Freestyle HDW inc S6-14

Finals 15yrs, 16yrs & 17yrs & over

Women's 200m Breaststroke

Men's 200m Ind. Medley

Women's 100m Freestyle

Men's 50m Butterfly

Women's 50m Backstroke

Sunday 1 May Life Centre, Plymouth
15, 16 & 17 yrs/over

Afternoon Session

Women's 14/16 & 17+ 400m Medley Relay HDW

Men's 14/16 & 17+ 400m Medley Relay HDW

Women's 200m Backstroke

Men's 200m Backstroke

Women's 50m Freestyle inc S1-14

Men's 50m Freestyle inc S1-14

Women's 100m Butterfly inc S8-14

Men's 100m Butterfly inc S8-14

Finals 15yrs, 16yrs & 17yrs & over

Women's 200m Backstroke

Men's 200m Backstroke

Women's 50 Freestyle

Men's 50m Freestyle

Women's 100m Butterfly

Men's 100m Butterfly

Monday 2 May Life Centre, Plymouth
15, 16 & 17 yrs/over

Afternoon Session

Women's 800m Freestyle HDW

Men's 1500m Freestyle HDW

Start time of Finals session and Afternoon sessions depends on entries and will be announced with the lists of accepted swimmers
Para swimming events Open to all ages.

Saturday 14 May Hengrove

Warm-up 8.45 Start 10.00

Morning Heats 11/12, 13 & 14yrs

Boys 200m Individual Medley

Girls 50m Backstroke

Boys 100m Freestyle

Girls 400m Freestyle HDW

FINALS 11/12yrs, 13yrs & 14yrs

Boys 200m Individual Medley

Girls 50m Backstroke

Boys 100m Freestyle

Afternoon Heats 11/12, 13 & 14yrs

Girls 200m Butterfly

Boys 50m Breaststroke

Girls 100m Backstroke

Boys 1500m Freestyle HDW

FINALS 11/12yrs, 13yrs & 14yrs

Girls 200m Butterfly

Boys 50m Breaststroke

Girls 100m Backstroke

Saturday 21 May Millfield

Morning Heats 11/12, 13 & 14yrs

Warm-up 8.45 Start 10.00

Girls 200m Individual Medley

Boys 50m Backstroke

Girls 100m Freestyle

Boys 400m Freestyle HDW

FINALS 11/12yrs, 13yrs & 14yrs

Girls 200m Individual Medley

Boys 50m Backstroke

Girls 100m Freestyle

Afternoon Heats 11/12, 13 & 14yrs

Boys 200m Butterfly

Girls 50m Breaststroke

Boys 100m Backstroke

Girls 800m Freestyle HDW

FINALS 11/12yrs, 13yrs & 14yrs

Boys 200m Butterfly

Girls 50m Breaststroke

Boys 100m Backstroke

Sunday 15 May Hengrove

Warm-up 8.45 Start 10.00

Morning Heats 11/12, 13 & 14yrs

Girls 200m Freestyle

Boys 100m Breaststroke

Girls 50m Butterfly

Boys 400m Individual Medley HDW

FINALS 11/12yrs, 13yrs & 14yrs

Girls 200m Freestyle

Boys 100m Breaststroke

Girls 50m Butterfly

Afternoon Heats 11/12, 13 & 14yrs

Boys 100m Butterfly

Girls 50m Freestyle

Boys 200m Backstroke

Girls 200m Breaststroke

FINALS 11/12yrs, 13yrs & 14yrs

Boys 100m Butterfly

Girls 50m Freestyle

Boys 200m Backstroke

Girls 200m Breaststroke

Sunday 22 May Millfield

Morning Heats 11/12, 13 & 14yrs

Warm-up 8.45 Start 10.00

Boys 200m Freestyle

Girls 100m Breaststroke

Boys 50m Butterfly

Girls 400m Individual Medley HDW

FINALS 11/12yrs, 13yrs & 14yrs

Boys 200m Freestyle

Girls 100m Breaststroke

Boys 50m Butterfly

Afternoon Heats 11/12, 13 & 14yrs

Girls 100m Butterfly

Boys 50m Freestyle

Girls 200m Backstroke

Boys 200m Breaststroke

FINALS 11/12yrs, 13yrs & 14yrs

Girls 100m Butterfly

Boys 50m Freestyle

Girls 200m Backstroke

Boys 200m Breaststroke

Start time of Finals session and Afternoon sessions depends on entries and will be announced with the lists of accepted swimmers.

**ASA SOUTH WEST REGION FAST 5 COMPETITION:
Licensed Level 3.**

Only open to swimmers who have entered in an ASA SW Region Age Group, Youth or Championship since October 1 2015. Swimmers who are invited to attend the British Summer Championships, the Home Nations meets or qualify for the British Championships are not eligible to compete.

Swimmers will enter and swim all events and results and awards will be decided on points gained in all 5 events by the top 3 in each age group.

Single band age groups from 11/12 yrs to 17yrs & over

Entry fee £16.00 to cover all events and spectator admission.

Sunday July 3 at Gloucester

Warm-up 8.50am, start 10.00am

30 minutes break and warm-up

Girl's 50m Backstroke
Boy's 50m Breaststroke
Girl's 50m Freestyle
Boy's 50m Butterfly
Girl's 100m Ind. Medley

Boy's 50m Backstroke
Girl's 50m Breaststroke
Boy's 50m Freestyle
Girl's 50m Butterfly
Boy's 100m Ind. Medley

ASA SOUTH WEST REGION TEAM EVENTS: Sunday 18 September – Millfield.

Short Course (Entry fee £14.00 per team – £3.00 spectator admission).

All clubs may enter more than one team in each event, but the number will be restricted depending upon number of entries.

Session 1 - 9.00 for 9.45 start

Girls 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Session 2 – 12.00 for 12.45 start

Mixed 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Session 3 – 3.00 for 3.45 start

Boys. 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Conditions for the SC Relays:

- "All clubs will have one team accepted in each event, if they wish to make more than one entry they may do so, but a maximum of 32 races in will be held in each session and additional entries will be accepted by random draw, but they must be accompanied by an entry time."
- "All clubs must provide one licensed official for each session they wish to enter."
- "Mixed relays consist of 2 boys and 2 girls swimming in any order".
- "The organising committee shall decide the format of the gala depending upon entries".

Because of these conditions do not send entry fees until you know which teams have been accepted.

ASA South West Region SC Championships, Millfield, 4/5/6 November 2016

Entries close

Summer Championships - Plymouth	April 14
Summer Championships – Hengrove/Millfield	April 29
Sprints	June 16
Relays	September 8
Championship	October 20

**ASA South West Region
Coaches Pass Application Form**

Please supply _____ Club with ____ passes (maximum 1 per 10 swimmers per Club) at £20.00 for ALL 2016 events and I enclose £_____ payable ASASWR.

Passes will only be issued to members who are on the ASA Child Protection Register and they are:

1 _____ 2 _____

3 _____ 4 _____ (Chaperon)

To receive the free Chaperons pass, which only gives admission to the pool, the list must include members of both sexes. Passes are valid for all ASA SWR events 2016.

These forms to be returned by 16 April 2015 and passes are collected at the events.

Signed _____ Club Secretary _____ Name _____

CLUB OFFICIALS AT CHAMPIONSHIPS

It has been agreed by the Swimming Committee that all Competing Clubs, in each competition, with more than 5 swimmers MUST provide named officials for each day of that ASASWR Championship.

5 – 9 swimmers supply 1 Officials, 10+ swimmers supply 2 Officials, who must be licensed.

Please ensure your Officials indicate on the Officials form which club they are representing.

HELP WANTED AT ALL EVENTS!

Club will be asked to provide volunteers to act as stewards, marshals, programme sellers and various other duties.

Please supply her with names beforehand.

Chris Tremellen <christremellen@btinternet.com>

If they would like to officiate contact Mrs Lynne Elliott, 2 St. Georges Road, Saltash. PL12 6EH. 01752 842119. a.s.a.p. or email:

Lynne Elliot on lynne.elliott@btopenworld.com

Name _____

Club _____

Phone number _____

Email _____

Help as _____

COMPUTER ENTRY FORM

Please complete and return with your print out for all events.

Club _____

Coach Pass for ALL 2015 events	@£20.00	_____
Number of Boys Summer entries	@£8.00	_____
Number of Girls Summer entries	@£8.00	_____
Number of Boys Relay entries	@£14.00	_____
Number of Girls Relay entries	@£14.00	_____
Number of Boys Para entries	@£8.00	_____
Number of Girls Para entries	@£8.00	_____
Number of Sprint Competition entries	@£16.00	_____ (for all 5 events)

SIGNATURE OF CLUB OFFICER AS RATIFICATION THAT THE SWIMMERS ARE CAPABLE OF DIVING AS REQUIRED BY THE ASA COMPETITIVE START AWARD.

Signature _____

Name _____

Amount enclosed _____ Payable ASASWR

BACS reference _____

If you wish to pay by BACS Lloyds TSB sort code 30-90-54 account number 04630209 "ASA South West Region" and email me the amount, as reference use ASA 4 letter club code followed by SMR, RY, SPR or CHMP. Please only make one payment for each competition per club, not individual payments.

Email _____

Address _____

PostCode _____ Phone _____

Robert Margetts, 38 Burr ridge Road, Torquay. TQ2 6LN. 01803 605932 or 07981 985956

Entry procedure:

There are Sportsystems entry files for all events and these must be used for club entries, individual entries will only be accepted when there is one entry per club and these should be made by emailing ASA number and events to be entered to rmargetts@wcasa.co.uk