

# ASA South West Region Championships 2017

Below are the details of next year's Championships, full details of the 2017 Winter Short Course event will be circulated later.

Qualifying times are attached as a separate document.

## Important notes:

As there are consideration times for these championships please do not payment until you have heard if the swimmers have been accepted, I will endeavour to get this done by the weekend following the closing date.

Swimmers who have a consideration time are not considered as entered until their entry has been confirmed to the club.

When sending entries I only require the entry file, a copy of page 6 below and a mention of which club you are from as in all correspondence to me, if you take over as competition secretary of your club please make this clear so that you can be added to the distribution list. If you are paying by BACS please make this clear.

When email me please include the name of the swimming club you are from.

## Entry procedure:

There are Sportsystems entry files for all events and these must be used for club entries, individual entries will only be accepted when there is one entry per club and these should be made by emailing ASA number and events to be entered to [rmargetts@wcasa.co.uk](mailto:rmargetts@wcasa.co.uk)

## Closing dates:

I have moved these to Thursday 9 or 16 days before the event, this will allow times done at designated meets on the weekend before to be sent to ASA Rankings and appear on the swimmers file and you can make their entries, so there should be no need to send me updated times from those meets.

## Coaches passes:

All coaches and chaperones will be issued with a wrist band when they arrive at the pool along with their programme; these must be worn at all times so that we can ensure that only team staff is sitting in the swimmers areas.

## Data Protection statement:

Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1998, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the Meet on application to the Promoters.

## Child Protection:

Under ASA child protection laws all spectators wishing to use devices capable of photography or video recording must register their intent with the door admission staff.

## Officials:

To comply with Licence regulations we do need volunteers for all sessions, if there are insufficient volunteers the Licence can be withdrawn and the times achieved will not be entered on to ASA Rankings. So please ensure that you send names of your volunteers well before the event.

The names of these officials should be sent to [lynne.elliott@btinternet.com](mailto:lynne.elliott@btinternet.com) with the club they are representing.

**Saturday 29 April Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

1<sup>st</sup> Session

Warm-up 8.45 Start 10.00

Men's 400m 14/16 & 17+ Freestyle Relay HDW

Women's 14/16 & 17+ 400m Freestyle Relay HDW

Men's 200m Breaststroke

Women's 200m Ind. Medley inc SM5-14

Men's 100m Freestyle inc S1-14

Women's 50 Butterfly inc S1-7

Men's 50m Backstroke inc S1-5

Women's 400m Freestyle HDW inc S6-14

**Finals 15yrs, 16yrs & 17yrs & over**

Men's 200m Breaststroke

Women's 200m Ind. Medley

Men's 100m Freestyle

Women's 50m Butterfly

Men's 50m Backstroke

**Sunday 30 April Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

1<sup>st</sup> Session

Warm-up 8.45 Start 10.00

Women's 100m Backstroke inc S1-S2 & S6-14

Men's 200m Freestyle inc S1-6, 14

Women's 200m Butterfly

Men's 100m Breaststroke inc SB4-9 & 11-14

Women's 50m Breaststroke inc SB1-3

Men's 400m Ind. Medley HDW

**Finals 15yrs, 16yrs & 17yrs & over**

Women's 100m Backstroke

Men's 200m Freestyle

Women's 200m Butterfly

Men's 100m Breaststroke

Women's 50m Breaststroke

**Monday 1 May Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

1<sup>st</sup> Session

Warm-up 8.45 Start 10.00

Women's 14/16 & 17+ 800m Freestyle Relay HDW

Men's 14/16 & 17+ 800m Freestyle Relay HDW

Men's 100m Backstroke inc S1-2 & 6-14

Women's 100m Breaststroke inc SB4-9 & 11-14

Men's 200m Butterfly

Women's 200m Freestyle inc S1-6 & 14

Men's 50m Breaststroke inc SB1-3

Women's 400m Ind. Medley HDW

**Finals 15yrs, 16yrs & 17yrs & over**

Men's 100m Backstroke

Women's 100m Breaststroke

Men's 200m Butterfly

Women's 200m Freestyle

Men's 50m Breaststroke

**Saturday 29 April Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

Afternoon Session

Women's 200m Breaststroke

Men's 200m Ind. Medley inc SM5-14

Women's 100m Freestyle inc S1-14

Men's 50 Butterfly inc S1-7

Women's 50m Backstroke inc S1-5

Men's 400m Freestyle HDW inc S6-14

**Finals 15yrs, 16yrs & 17yrs & over**

Women's 200m Breaststroke

Men's 200m Ind. Medley

Women's 100m Freestyle

Men's 50m Butterfly

Women's 50m Backstroke

**Sunday 30 April Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

Afternoon Session

Women's 14/16 & 17+ 400m Medley Relay HDW

Men's 14/16 & 17+ 400m Medley Relay HDW

Women's 200m Backstroke

Men's 200m Backstroke

Women's 50m Freestyle inc S1-14

Men's 50m Freestyle inc S1-14

Women's 100m Butterfly inc S8-14

Men's 100m Butterfly inc S8-14

**Finals 15yrs, 16yrs & 17yrs & over**

Women's 200m Backstroke

Men's 200m Backstroke

Women's 50 Freestyle

Men's 50m Freestyle

Women's 100m Butterfly

Men's 100m Butterfly

**Monday 1 May Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

Afternoon Session

Women's 800m Freestyle HDW

Men's 1500m Freestyle HDW

Start time of Finals session and Afternoon sessions depends on entries and will be announced with the lists of accepted swimmers.

Para swimming events Open to all ages

## **Saturday 13 May Hengrove**

### **Morning Heats 11/12, 13 & 14yrs**

Warm-up 8.45 Start 10.00

Boys 400m Freestyle HDW  
Girls 200m Individual Medley  
Boys 50m Backstroke  
Girls 100m Freestyle  
Boys 50m Breaststroke

### **FINALS 11/12yrs, 13yrs & 14yrs**

Girls 200m Individual Medley  
Boys 50m Backstroke  
Girls 100m Freestyle  
Boys 50m Breaststroke

### **Afternoon Heats 11/12, 13 & 14yrs**

Boys 200m Butterfly  
Girls 50m Breaststroke  
Boys 100m Backstroke  
Girls 100m Backstroke

### **FINALS 11/12yrs, 13yrs & 14yrs**

Warm-up 8.45 Start 10.00

Boys 200m Butterfly  
Girls 50m Breaststroke  
Boys 100m Backstroke  
Girls 100m Backstroke

## **Saturday 20 May Millfield**

### **Morning Heats 11/12, 13 & 14yrs**

Boys 200m Individual Medley  
Girls 50m Backstroke  
Boys 100m Freestyle  
Girls 400m Individual Medley HDW

### **FINALS 11/12yrs, 13yrs & 14yrs**

Boys 200m Individual Medley  
Girls 50m Backstroke  
Boys 100m Freestyle

### **Afternoon Heats 11/12, 13 & 14yrs**

Girls 800m Freestyle HDW  
Boys 1500m Freestyle HDW

Start time of Finals sessions and Afternoon session depends on entries and will be announced with the lists of accepted swimmers.

## **Sunday 14 May Hengrove**

### **Morning Heats 11/12, 13 & 14yrs**

Warm-up 8.45 Start 10.00

Girls 200m Butterfly  
Boys 200m Freestyle  
Girls 100m Breaststroke  
Boys 50m Butterfly  
Girls 400m Freestyle HDW

### **FINALS 11/12yrs, 13yrs & 14yrs**

Boys 200m Freestyle  
Girls 100m Breaststroke  
Boys 50m Butterfly  
Girls 200m Butterfly

### **Afternoon Heats 11/12, 13 & 14yrs**

Girls 100m Butterfly  
Boys 50m Freestyle  
Girls 200m Backstroke  
Boys 200m Breaststroke

### **FINALS 11/12yrs, 13yrs & 14yrs**

Girls 100m Butterfly  
Boys 50m Freestyle  
Girls 200m Backstroke  
Boys 200m Breaststroke

## **Sunday 21 May Millfield**

### **Morning Heats 11/12, 13 & 14yrs**

Warm-up 8.45 Start 10.00  
Girls 200m Freestyle  
Boys 100m Breaststroke  
Girls 50m Butterfly  
Boys 400m Individual Medley HDW

### **FINALS 11/12yrs, 13yrs & 14yrs**

Girls 200m Freestyle  
Boys 100m Breaststroke  
Girls 50m Butterfly

### **Afternoon Heats 11/12, 13 & 14yrs**

Boys 100m Butterfly  
Girls 50m Freestyle  
Boys 200m Backstroke  
Girls 200m Breaststroke

### **FINALS 11/12yrs, 13yrs & 14yrs**

Boys 100m Butterfly  
Girls 50m Freestyle  
Boys 200m Backstroke  
Girls 200m Breaststroke

## **ASA SOUTH WEST REGION FAST 5 COMPETITION:**

### **Licensed Level 3.**

Only open to swimmers who have entered in an ASA SW Region Age Group, Youth or Championship since October 1 2016. Swimmers who are invited to attend the British Summer Championships, the Home Nations meets or qualify for the British Championships or enter the British or ASA Summer Para events are not eligible to compete.

Swimmers will enter and swim all events and results and awards will be decided on points gained in all 5 events by the top 3 in each age group.

Single band age groups from 11/12 yrs to 17yrs & over

Entry fee £16.00 to cover all events and spectator admission.

### **Sunday July 2 at Gloucester**

Warm-up 8.50am, start 10.00am

30 minutes break and warm-up

Girl's	50m	Backstroke
Boy's	50m	Breaststroke
Girl's	50m	Freestyle
Boy's	50m	Butterfly
Girl's	100m	Ind. Medley

Boy's	50m	Backstroke
Girl's	50m	Breaststroke
Boy's	50m	Freestyle
Girl's	50m	Butterfly
Boy's	100m	Ind. Medley

### **ASA SOUTH WEST REGION TEAM EVENTS: Sunday 17 September – Millfield.**

Short Course (Entry fee £14.00 per team – £3.00 spectator admission).

All clubs may enter more than one team in each event, but the number will be restricted depending upon number of entries.

Session 1 - 9.00 for 9.45 start

Boys 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Session 2 – 12.00 for 12.45 start

Mixed 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Session 3 – 3.00 for 3.45 start

Girls. 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Conditions for the SC Relays:

- "All clubs will have one team accepted in each event, if they wish to make more than one entry they may do so, but a maximum of 32 races in will be held in each session and additional entries will be accepted by random draw, but they must be accompanied by an entry time."
- "All clubs must provide one licensed official for each session they wish to enter."
- "Mixed relays consist of 2 boys and 2 girls swimming in any order".
- "The organising committee shall decide the format of the gala depending upon entries".

Because of these conditions do not send entry fees until you know which teams have been accepted.

### **ASA South West Region Long Course Championships, Millfield, 3/4/5 November 2017**

#### **Entries close**

Summer Championships - Plymouth	April 20
Summer Championships – Hengrove/Millfield	April 27
Sprints	June 15
Relays	September 7
Championship	October 19

**ASA South West Region  
Coaches Pass Application Form**

Please supply \_\_\_\_\_ Club with \_\_\_\_ passes (maximum 1 per 10 swimmers per Club) at £10.00 for ALL 2017 events and I enclose £ \_\_\_\_\_ payable ASASWR.

Passes will only be issued to members who are on the ASA Child Protection Register and they are:

1 \_\_\_\_\_ DBS Number \_\_\_\_\_  
2 \_\_\_\_\_ DBS Number \_\_\_\_\_  
3 \_\_\_\_\_ DBS Number \_\_\_\_\_  
4 \_\_\_\_\_ (Chaperon) DBS Number \_\_\_\_\_

To receive the free Chaperons pass, which only gives admission to the pool, the list must include members of both sexes. Passes are valid for all ASA SWR events 2017.

These forms to be returned by 20 April 2017 and passes are collected at the events.

Signed \_\_\_\_\_ Club Secretary \_\_\_\_\_ Name

## CLUB OFFICIALS AT CHAMPIONSHIPS

To comply with Licence regulations we do need volunteers for all sessions, if there are insufficient volunteers the Licence can be withdrawn and the times achieved will not be entered on to ASA Rankings. So please ensure that you send names of your volunteers well before the event.

The names of these officials should be sent to [lynne.elliott@btinternet.com](mailto:lynne.elliott@btinternet.com) with the club they are representing.

Please ensure your Officials indicate on the Officials form which club they are representing.

## HELP WANTED AT ALL EVENTS!

Club will be asked to provide volunteers to act as stewards, marshals, programme sellers and various other duties. Please supply her with names 2 weeks beforehand.

Chris Tremellen <[christremellen@btinternet.com](mailto:christremellen@btinternet.com)>

If they would like to officiate contact Mrs Lynne Elliott, 2 St. Georges Road, Saltash. PL12 6EH. 01752 842119. a.s.a.p. or email:

Lynne Elliot on [lynne.elliott@btopenworld.com](mailto:lynne.elliott@btopenworld.com)

Name \_\_\_\_\_

Club \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Help as \_\_\_\_\_

## COMPUTER ENTRY FORM – THIS PAGE MUST BE RETURNED WITH ALL ENTRIES

Please complete and return with your print out for all events.

Club \_\_\_\_\_

Coach Pass for ALL 2017 events	@£10.00	_____
Number of Boys Summer entries	@£8.00	_____
Number of Girls Summer entries	@£8.00	_____
Number of Boys Relay entries	@£14.00	_____
Number of Girls Relay entries	@£14.00	_____
Number of Boys Para entries	@£8.00	_____
Number of Girls Para entries	@£8.00	_____
Number of Sprint Competition entries	@£16.00	_____ (for all 5 events)

SIGNATURE OF CLUB OFFICER AS RATIFICATION THAT THE SWIMMERS ARE CAPABLE OF DIVING AS REQUIRED BY THE ASA COMPETITIVE START AWARD.

Signature \_\_\_\_\_

Name \_\_\_\_\_

Amount enclosed \_\_\_\_\_ Payable ASASWR

BACS reference \_\_\_\_\_

If you wish to pay by BACS Lloyds TSB sort code 30-90-54 account number 04630209 "ASA South West Region" and email me the amount, as reference use ASA 4 letter club code followed by SMR, RY, SPR or CHMP. Please only make one payment for each competition per club, not individual payments.

Email \_\_\_\_\_

Address \_\_\_\_\_

PostCode \_\_\_\_\_ Phone \_\_\_\_\_

Robert Margetts, 38 Burr ridge Road, Torquay. TQ2 6LN. 01803 605932 or 07981 985956

### Entry procedure:

There are Sportsystems entry files for all events and these must be used for club entries, individual entries will only be accepted when there is one entry per club and these should be made by emailing ASA number and events to be entered to [rmargetts@wcasa.co.uk](mailto:rmargetts@wcasa.co.uk)