Individual Meet Results

Swim England National Summer M 31-Jul-19 LC Meters Location: Sheffield Tiverton Swimming Club [TIVW] Coach: Lucy Walton

Time	F/P/S		Event	Place	Points	Improv
Arrowsmith, Sa	muel M					
2:12.46L	Р	# 402	Male 200 Fly			-1.52
2:11.65L	F	# 458	Male 200 Fly			-2.33
Dilks, Gemma F						
1:16.94L	Р	# 104	Female 100 Breast			-0.13
1:15.94L	F	# 159	Female 100 Breast			-1.13
1:09.08L	Р	# 203	Female 100 Fly			1.98
2:27.32L	Р	# 310	Female 200 IM			-1.25
2:25.67L	F	# 379	Female 200 IM			-2.90
2:31.36L	Р	# 401	Female 200 Fly			2.18
2:26.14L	F	# 452	Female 200 Fly			-3.04
Dilks, Jodie F						
5:15.15L	Р	# 112	Female 400 IM			-0.93
5:08.71L	F	# 181	Female 400 IM			-7.37