



## Club Update

We have had a busy few months of competitive swimming, leading up to the Devon County Championships which have just been held in Jan and Feb in Plymouth. In December our Learn to Swim group held a distance night to swim as far as possible and gain distance awards, numerous level 3 meets were entered, the club raced a team in the division finals gala of the National Arena League and then Christmas arrived! The New Year 2018 started with the annual club presentation and awards night (plus disco), and then it was straight into three weekends of racing at the Devon County Championships, with the Dartmoor sprint meet being held on a weekend in-between. This gave all of our swimmers a range of events to put their skills and talents into practice. At the end of February we have the 800/1500m County Championships with 6 swimmers qualifying for these long distance events this year. In March we have 6 teams racing at the Devon County Relay gala and a team representing TSC at the Devon Inter-club gala, plus the return of our Junior Team Gala. Read all about our swimmers recent adventures in the pool below!

## LTS distance night Dec 2017

On Friday 1st December 19 of our youngest club swimmers in Learn to Swim arrived at the pool ready to swim as far as they could, to achieve their distance swimming awards. The young group all swam fantastically well, achieving different lengths and picking up Swim England (ASA) distance awards for their hard efforts along the way.

### SWIMMER

Charlie Bury

### DISTANCE AWARD

400m

## Events & info

### Club galas & Meets

#### Devon County 800/1500m

#### Championships

Sat 24 Feb 4pm at Plymouth  
Life Centre

#### Devon County Relay gala LC

Sat 3rd March 4pm at Plymouth  
Life Centre

#### Devon County Inter-Club Gala

Sun 4th March 2pm in Plymouth  
Life Centre

#### United Bristol & Henleaze L1 LC open meet

Sat 10th & Sun 11th March at  
Hengrove pool in Bristol

#### Junior Team Gala

Sun 25th March at EVLC 4-6pm

#### Exeter & Taunton Deane L1 & L3 LC meet

Sat 14th & Sun 15th April in  
Millfield

#### Regional Youth

#### Championships 15, 16 and 17 & over

Sat 5th, Sun 6th & Mon 7th May  
LC at Plymouth

Clementine Tallis Nicholson	800m (1050m swum)
Elli Cochran	50m (75m swum)
Harry Smyth	200m
Harvey Pratt	400m
Imogen Heathcock	400m
Jacob Lawrence	1 mile
Jessica Miller	400m (550m swum)
Katie Williams	200m
Kelsey Pratt	100m
Kitty Webber	800m (1150m swum)
Lottie Phillips	100m (150m swum)
Lucas Gibbins	100m
Madison Pike	200m (250m swum)
Megan Blake	50m
Oliver Smyth	25m
Owen Blake	200m (300m swum)
Preston Jenks	200m
Tilly Evans	50m

Congratulations to all of the swimmers who entered into LTS Distance night!

## Taunton Deane and Street Dec Meet 2017

Club swimmers brought home eight medals and set an incredible 69 personal best times when they attended the Taunton Deane & Street Level 3 Meet at Millfield School on the first weekend in December.

Sydney Boyde swam brilliantly to win gold medals in both the 50m butterfly and 100m breaststroke. Team captain Oliver Bennet bagged a full set of medals by claiming gold in the 100m butterfly, silver in the 200m individual medley and bronze in the 100m IM.

Sam Arrowsmith worked hard to earn silver in the 200m backstroke and Jessica Swanston did likewise in the 100m individual medley. Cadie Yardley put in a great swim to bring home a bronze medal in her first attempt at the gruelling 200m butterfly. Numerous personal best times were also set, with seven of them coming from Louisa Gibbins and six from Lucy Revolta. There were five for Emily Peters; four each for Harry List and James List; three for Holly Baker, Grace Baldwin, Harri Davies, Elysia Partridge, Megan Sharp and Lucy Webber; two for Wilf Arrowsmith, Jon Carpenter-Smith and Micah Partridge;

### Regional age group

#### Championships 11/12, 13 & 14 yrs

Sat 14th & Sun 15th May LC in Hengrove, Bristol

Sat 21st & Sun 22nd May LC in Millfield

#### Devon Development galas

Sat 16th, Sat 23rd & Sun 24th June at Plymouth

#### Devon Sprints gala

Sun 17th June at Plymouth

#### Junior Team Gala

We are running another in-house gala for our younger swimmers to compete in a team event. This is planned for **Sunday 25th March** 4-6pm and will be held at EVLC. We have invited 5 other local swim clubs to come and join us to race. This year the swimmer ages are 12u, 11u, 10u, and 9u with both a boys and girls team racing in all 4 strokes, a freestyle and a medley relay and a Cannon relay to finish. More details and team selections will follow!

#### New Poolside Volunteers

We are delighted to welcome new volunteers to the poolside to expand our coaching and poolside helper team.

**Christine Pugsley** is returning to TSC to coach at CSA at 6pm on a Wed with Nathan and Lorna. They will also be joined by **Judith McGregor-Harper** a

and one for Lauren Baker. Great swims everyone!



Swimmers who competed at Millfield in early Dec.

## Plymouth Christmas meet Dec 2017

Thirteen swimmers travelled to Plymouth Life Centre to compete in the Plymouth Leander Level 3 meet held on Dec 16th and 17th, and were delighted to come away with 17 medals and several personal best times between them. Club captain Katie Walton showed the way by picking up gold medals in the 50m butterfly, 50m backstroke, 100m butterfly and 200m individual medley, as well as bronze in the 100m breaststroke. Samuel Arrowsmith was also in fine form and was rewarded with gold medals in the 200m breaststroke and 200m butterfly, silvers in the 50m breaststroke and 100m butterfly and a further five bronze medals.

Megan Sharp brought home gold in the 200m backstroke, Dylan Cleverley claimed bronze in the same event and sprinter Barnaby Ames completed the medal haul with a bronze in the 50m freestyle.

Wilfred Arrowsmith put in some strong swims to achieve seven personal best times, Jon Carpenter-Smith gained four, Edie Campbell and Lucy Revolta got three apiece and there were two each for Elysia Partridge, Micah Partridge, Holly Baker and Patrick Grattan.

new volunteer poolside helper for CSA. **Kerry Peters** is also joining the team to coach in the Sunday 4-5pm sessions. **Chris Davies** who leads our land training on a Sunday has also volunteered as a poolside helper on Wednesday nights. We are always looking to increase our poolside volunteers to share the coaching and support the swimmers in their training sessions, as the club uses the pool for 13 hours each week. If you are interested in a volunteer poolside role, please have a chat to Lucy- Head Coach or Sara- Club Chairman, who can explain the roles available. We are particularly short of help on a Sunday evening, and need to have more coaches and poolside helpers in our team to share the running of these sessions.

## New Club T-shirts & Kit

Tony Pryce in Tiverton now has our new look Club kit in stock- The new





Club swimmers who competed in Plymouth just before Christmas.

## Annual Awards night in January

We held our annual presentation evening at Moorhayes Community Centre on 6th Jan where



members, parents, coaches and volunteers all gathered to celebrate the achievements of the past year, and Club President Terry Fullick handed out a total of 44 awards. The event was great fun with a bring and share supper, and a disco to finish off the evening's celebrations. We also held a chocolate raffle to raise funds and had a slide show with photographs showing different club events throughout 2017.

The prestigious title of **swimmer of the year** was presented to **Jack Aldridge**, who last year became the first TSC member for many years to achieve national qualification and was selected to race in the English National Championships held in Ponds Forge in Sheffield last summer..

vibrant fluoro orange colour t-shirt is easy to spot when you are looking for club swimmers on poolside! The tops are priced at **£15 for children and £17.50 for adults**

The Club kit has always included navy trousers and navy pool shorts with the TSC logo embroidered in white, and now we have a **NEW navy team jacket**, all in the matching Joma sport range. The new orange/navy colours work together to make a smart modern team look for the club - which is great on poolside and in club photos. The kit is can be tried on and bought locally in the Tony Pryce Intersport shop in Market Walk, Tiverton and alternative sizes ordered in the shop as required.



Remember you can add on the loyalty points to the TSC club card in Tony Pryce if you mention it at the till, and the club will benefit from the points as they add up. **Impact Print**





Jack Aldridge - 2017 Swimmer of the year and club president  
Terry Fullick

There were also trophies awarded for achievements throughout the different swimming squads within the club:

**Learn to Swim:**

Most Improved - Harvey Pratt and Jessica Miller  
Top Trainers - Jacob Lawrence and Jasmine Duncan

**CSA Junior:**

Most Improved - William Chambers and Maddie Biss  
Top Trainers - Callum Yardley and Amy Baker

**CSA Senior:**

Most Improved - Arron Wood and Freya Broom  
Top Trainers - Alfie Mason and Phoebe Green

**Skill Development:**

Most Improved - Freddie Brassey-Barlow & Marina Lambert-Gorwyn

**and Wear** at 1a William Street in Tiverton will print names onto the back of club tops too- try them out!

**Choc raffle**

Thank you to everyone who donated a chocolate/sweet prize for the raffle at the annual presentation night on 6th Jan this year. We raised £79 towards the club with the raffle, and had some very happy winning ticket holders!

**Talent Camp selection**

Congratulations to Emma who has been selected to take part in the Devon County Swim England Talent Camps for 11 year old swimmers, following her success at the Devon County Championships in January. This development opportunity is offered to 18 girls across Devon each year, and is the first step on the Swim England athlete development pathway. Emma will attend 3 days training with the group, with sessions held at Mount Kelly pool in Tavistock in April, July and October this year. Well Done Emma!

Top Trainers - James List and Grace Baldwin

**Senior Squads:**

Most Improved Breaststroke - Micah Partridge and Louisa Gibbins

Most Improved Backstroke - Dylan Cleverley and Gemma Dilks

Most Improved Freestyle - Wilf Arrowsmith and Olivia Broom

Most Improved Butterfly - Jack Aldridge and Jodie Dilks

Top Trainers - Sam Arrowsmith and Lucy Webber

**Club Championship Age Group Winners:**

8 years & under - Callum Yardley and Lotte Declerck

9 year olds - Jasper Newnes and Emma Declerck

10 year olds - Freddie Brassey-Barlow and Arabella Boyde

11 year olds - Edward Bakewell and Jodie Dilks

12 year olds - Wilf Arrowsmith and Jessica Swanston

13 year olds - Sam Arrowsmith and Olivia Broom

14 year olds - Jack Aldridge and Emily Peters

15 years & over - Dylan Cleverley and Katie Walton



Finally, club stalwart **Lin Olsen** was presented with an outstanding volunteer award in appreciation of her incredible 38 years of service to TSC. In that time she has taught hundreds of local children to swim and continues to do so whilst working with the Learn To Swim squad on Friday



**TSC is now on Instagram!!**

We have set up a club Instagram page- detailing club life and events for everyone to follow and enjoy. It can be found on the Instagram App as **@tivertonswimmingclub**



**Team managers volunteer request**

Have you ever thought you would like to organise swimmers on poolside when your child is swimming at a meet? This role is called a **Team Manager**, and there is a training module available to enable volunteers to become a

evenings. **CONGRATULATIONS EVERYONE!**

## **Timekeepers volunteer request**

The club is looking for volunteers to be trained as **timekeepers**. This in-house training session will be run by our Club President and Swim England Referee Terry Fullick. The training consists of a 2 hour classroom session one night followed by a race night practical session a week or so later, to put skills in using stopwatches and documenting swimmers races into practice. The minimum age to train as a timekeeper is 14 years. We need more timekeepers in our club so we can licence the Club Championships to Level 4 again this year (**Note:** club timekeepers are not able to assist in the Level 3 Sparkler as it needs qualified officials or trainee J1 judges to record swimmer times at that event).

**If you would like to become a timekeeper and support the club, please let Donna, club secretary know.**

## **Dartmoor Sprint Meet Jan 2018**

A record number of thirty four young swimmers from TSC competed in the 4th Dartmoor Sprint Meet 2018 held at Parklands Leisure Centre, Okehampton. Several of these swimmers were taking part in their first competitive gala which included the 100m individual medley and 50m sprints in all four strokes. Everyone put in a tremendous effort and they were rewarded with a total of 32 medals and numerous personal best times.

Megan Sharp was outstanding and was presented with the Top Girl award in her age group for winning gold medals in the butterfly, breaststroke, freestyle and individual medley, as well as silver in the backstroke.

Cadie Yardley was also in superb form and took the Top Girl title in her age group for winning gold in the butterfly, silver in the freestyle and individual medley and bronze in the backstroke. Arabella Boyde also shone, taking gold in the backstroke and bronze in the individual medley.

Also celebrating were Micah Partridge who bagged silver medals in the butterfly, freestyle and individual medley and Lucy Webber who did likewise in the backstroke and individual medley.

Freddie Brassey-Barlow swam well to bring home silver in the freestyle and bronze in the backstroke, butterfly and individual

Team manager for our club.

There are no pre-requisites for the workshop, and it is recommended for anyone aged 16 or over, although an individual cannot take on the role of a Team Manager fully until they turn 18. **Team Manager Module 1 – Local Competitions** is the starting point. Module 1 is designed as an introduction to Team Managing at a club/local level. It is a basic and informative workshop which gives participants the confidence and knowledge to effectively manage a team. **If you are interested in becoming a Team Manager please let Sara (Chairman) or Donna (Secretary) know.** They are two of the current TM's for the club, and can arrange the training course for the club.

### **Pony Club triathlon success**

We have a cohort of club members who also compete in the Pony Club triathlon and biathlon events. Amy (Silverton), Freddie, William (Dulverton West), Emily and Jessie (Tiverton) have all had a fantastic season. The triathlon consists of a shoot, run and swim and Amy and William in the 14/u and Freddie in 11/u have all qualified to compete at the **National Pony Club**



medley; whilst older brother William Brassey-Barlow came away with silver in the backstroke.

A silver medal apiece was awarded to Emily Miller in the freestyle, Lauren Baker in the butterfly and Jon Carpenter-Smith in the breaststroke. Bronze medals were won by Lotte Declerck in the butterfly and backstroke, Emily Peters in the breaststroke and individual medley, Grace Baldwin in the breaststroke, Alfie Mason in the breaststroke, James List in the breaststroke and Holly Baker in the butterfly.

There were also several other top ten finishes and many personal best times from Oliver Webber, Amy Baker, Lewis Kelly, Arron Wood, Finlay Woodfield, Maisie Phillips, Rose Smyth, Freya Broom, Phoebe Green, Rose Harrison, Leo McGregor-Harper, Edward List, Harri Davies, Marina Lambert-Gorwyn, Bethany Lawrence, Monty McGregor-Harper, Poppy Symons and Elysia Partridge.



Dartmoor Sprint meet swimmers pictured at EVLC pool-

## **2017/2018 National Arena League**

The Arena league division finals (round three) gala took place in

**Triathlon** competition which will be held in Milton Keynes later this year- a fantastic achievement for them all! Eight year old Emily also competed recently in three national triathlon qualifier events in the 11/u age category and did an amazing swim at each. She gained new pb's in each of her swims, a fast run and brilliant shoot, her best point score being 960 out of 1000- finishing 4th, 5th and 6th out of a very strong field. She just missed out on a qualifying place at each event for the nationals but lots more is to come from Emily. Her little sister Jessie (6) old also competed in the 3 events in the 8/u age group and again had super swims (usually in top 3 swimmers), runs and bean bag throw and always finishing in the top 10. Well done girls!





Place	Club	Points
1st	City of Newport	350
2nd	Poole SC (B)	272
3rd	Devonport Royals SC	251
4th	BACKWELL	219
5th	Academy ST Burnham	208
6th	TIVERTON	175
7th	Chard SC	169
8th	KINGSBRIDGE	149
		0
		0

Saturday 9th

December at Millfield pool. This event was an afternoon gala and was great fun for the team of swimmers who represented TSC. The team came in 6th place overall in this final gala, swimming against 8 other very competitive teams on the day, City of Newport were the gala winners and the first four placed teams in this final will be promoted to Division one next season. TSC will remain in the Western Arena league division 2 for the next season. Well done to all of the swimmers who represented TSC at the arena league this season, you all did a cracking job and we are very proud of you all! y






Arena League team racing at the finals gala at Millfield pool  
At Tiverton Swimming Club we take Child Welfare very seriously, please contact the Swimline, or talk to Denise Bennet, our club Welfare Officer on [welfare@tiverton-swimming.co.uk](mailto:welfare@tiverton-swimming.co.uk) and let her know about any concerns you may have.



**TSC Twitter feed.**

Follow us on twitter [@tivyswimming](https://twitter.com/tivyswimming) or read the live twitter feed **posted on the club website**. If you send the club a tweet, we will re-tweet it to our 513 twitter followers ..... join in the club conversations!.



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